

- Feedback Inhibition of Lactation? *J Hum Lact* 2020;37:414-8.
17. Garcia LP. The Lancet: série sobre amamentação. *Epidemiol e Serviços Saúde*. 2016;25(1).
 18. Mogensen N, Portman A, Mitchell K. Nonpharmacologic Approaches to Pain, Engorgement, and Plugging in Lactation: Applying Physical Therapy Techniques From Breast Cancer Care to Breastfeeding Patients. *Clin Lact* 2020;11(1).
 19. Zakarija-Grkovic I, Stewart F. Treatments for breast engorgement during lactation. *Cochrane Database Syst Rev*. 2020;9:CD006946.
 20. Siregar E, Hardjanti TS. Non Pharmacological Treatments For Breast Engorgement: A Systematic Review. *Int Conf Appl Sci Heal* 2019;4:492-502.
 21. Anggraini YD, Rahmawati RSN, Indriani R, Sendra E. The Effectiveness Of Herbal Ingredients To Relieve Breast Engorgement : Literature Review. *J Inov Ris Ilmu Kesehatan* 2022;1(4).
 22. Gresh A, Robinson K, Thornton CP, Plesko C. Caring for Women Experiencing Breast Engorgement: A Case Report. *J Midwifery Womens Heal* 2019;64:763-8.
 23. Umborowati MA, Anggraeni S, Prakoeswa CRS. The beneficial effect of Aloe vera in skin barrier function improvement: A double-blind randomized trial of Madurese batik craftswomen. *J Pakistan Assoc Dermatologists* 2022;32:142-7.
 24. Huda MH, Chipojola R, Lin YM, et al. The Influence of Breastfeeding Educational Interventions on Breast Engorgement and Exclusive Breastfeeding: A Systematic Review and Meta-Analysis. *J Hum Lact* 2022;38:156-70.
 25. Wizia, Lady, Susanti E. Aloe Vera Gel Compression as Breast Engorgement Pain Relief. *Women, Midwives Midwifery* 2021;1(3).
 26. Maleki A, Youseflu S. The Effectiveness of Aloe Vera on Relief of Irritation and Nipple Pain in Lactating Women Systematic Review and Meta-Analysis. *Obstet Gynecol Int* 2022;2022:7430581.
 27. Niazi A, Rahimi VB, Askari N, et al. Topical treatment for the prevention and relief of nipple fissure and pain in breastfeeding women: A systematic review. *Adv Integr Med* 2021;8:312-21.
 28. Bhattacharya M, Malik S, Singh A. Aloe Vera *Barbedensis*: A review on its Ethanopharmacological value. *J Pharm Res* 2011;4:4507-10.
 29. Rajeswari R, Umadevi M, Rahale CS, Pushpa R, Selvavenkadesh S, Kumar KPS, et al. Aloe Vera: The Miracle Plant Its Medicinal and Traditional Uses in India. *J Pharmacogn Phytochem* 2012;1(4).
 30. Bourbonnais F. Pain assessment: development of a tool for the nurse and the patient. *J Adv Nurs* 1981;6:277-82.
 31. Hill PD, Humenick SS. The Occurrence of Breast Engorgement. *J Hum Lact* 1994;10:79-86.
 32. Boskabadi H, Ramazanadeh M, Zakerihamidi M, Omran FR. Risk factors of breast problems in mothers and its effects on newborns. *Iran Red Crescent Med J* 2014;16:e8582.
 33. Utami R, Arief YS. The effectiveness of breastfeeding self-efficacy intervention on implementation of breastfeeding in low-birth-weight infants: A systematic review. *J Pak Med Assoc* 2023;73:S153-7.
 34. Nirala RK, Raj P, Anjana K, et al. A review on Aloe vera and its traditional uses in India. *J Pharmacogn Phytochem* 2020;9:2571-3.
 35. Lanka S. A Review On Aloe Vera-The Wonder Medicinal Plant. *J Drug Deliv Ther* 2018;8(9).
 36. Verma SK. Aloe vera and its chemicals composition and applications: A review. *Int J Clin Med Res* 2011;2:466-71.
 37. Abdurrohman MVS, Putranto R, Suhartono B, Fa'adiyah DA. the Effect of Cooling Aloe Vera Gel on Rats With Bacteria-Induced Periodontitis. *ODONTO Dent J* 2021;8:140.
 38. Retnowati D, Sari R, Hendradi E, Septiani S. The stability and irritability study of the chitosan-Aloe vera spray gel as wound healing. *J Basic Clin Physiol Pharmacol* 2021;32:651-6.
 39. Solikhah TI, Solikhah GP, Susilo RJK. Aloe vera and virgin coconut oil (Vco) accelerate healing process in domestic cat (*felis domesticus*) suffering from scabies. *Iraqi J Vet Sci* 2021;35:699-704.
 40. Aini AN. Pemberian Kompres Lidah Buaya Untuk Mengurangi Nyeri Akibat Pembengkakan Payudara Pada Asuhan Keperawatan Ibu Post. Universitas Muhammadiyah Surakarta; 2019.
 41. Mwale M, Masika PJ. Analgesic and anti-inflammatory activities of Aloe *ferox* Mill. aqueous extract. *African J Pharm Pharmacol* 2010;4:291-7.

Non-commercial use only