

## Primary pleural epithelioid hemangioendothelioma

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### Abstract

Epithelioid hemangioendothelioma (EHE) is a rare vascular tumor exceptionally involving the pleura with less than 30 cases reported in literature. We herein describe another case of pleural EHE in a 79-year-old man with medical history of chronic obstructive pulmonary disease and high blood pressure. He presented right-sided pleural effusion. Computerized tomography revealed multifocal pleural thickening and effusion. Pleural biopsy was performed. Microscopically, the tumor showed a biphasic pattern with cords and nests of epithelioid cells showing mild atypia and rare mitosis with intracytoplasmic lumina containing red blood cells. The second pattern is composed of spindle-shaped cells with occasional area of necrosis (Figures 1 and 2). Immunohistochemically, the tumor cells were positive for CD34 and focally with CK7 (Figures 3 and 4). The diagnosis of EHE with high-grade pattern was made. Although, no codified therapies for this cancer have been established yet, the patient was not candidate for surgery considering the extent and bilaterality of the nodules and his hard medical history. Several cycles of chemotherapy with Etoposide and Cisplatin were decided as the lesions were diffuse and bilateral with suspicion of lymph node involvement.

### Introduction

Epithelioid hemangioendothelioma (EHE) is a rare vascular tumor that might develop in any tissue but which has predilection for the liver, heart, lung and bone. Pulmonary epithelioid hemangioendothelioma (PEH) was first described in 1975 by Dail and Leibow, it was considered as an aggressive bronchoalveolar cell carcinoma.<sup>1</sup> Primary pleural location is extremely rare with less than 30 cases reported in the literature as analyzed in Table 1.<sup>2-19</sup> The aim of this report is to present the case of a 79-year-old man who was diagnosed with pleural EHE and summarize the limited published data concerning this rare neoplasm in order to improve the diagnosis and its management.

### Case Report

A 79-year-old man with a family history of colorectal cancer and past medical history of chronic obstructive pulmonary disease (COPD) and high blood pressure presented with right-sided chest pain and breathlessness associated to a recent weight loss. On

physical examination there was dullness to percussion and decreased breath sounds over the right hemithorax with signs of right heart failure. Chest radiography confirmed the presence of a moderate right pleural effusion. A Computerized tomography (CT) of the thorax, abdomen and pelvis was performed and revealed a mild right pleural effusion with multifocal pleural thickening. No pulmonary nodules were seen. Three enlarged iliac lymph node were observed. Based on the family history of colorectal cancer, pleural and lymph node metastasis from a primary gastrointestinal cancer were highly suspected. However, no abnormalities were noted on fibro-colonoscopy. Image-guided pleural biopsy was performed. Microscopically, the tumor showed a biphasic pattern with cords and nests of epithelioid cells set in a myxoid stroma. Some cells show mild atypia and rare mitosis with intracytoplasmic lumina containing red blood cells. The second pattern is composed of spindle-shaped cells with occasional area of necrosis (Figures 1 and 2).

Immunohistochemically, the tumor cells were positive for CD34 and focally with CK7 (Figures 3 and 4). The diagnosis of EHE with high-grade pattern was made. Although, no codified therapies for this cancer have been established yet, the patient was not candidate for surgery considering the extent and bilaterality of the nodules and his hard medical history. Several cycles of chemotherapy with Etoposide and Cisplatin were decided as the lesions were diffuse and bilateral with suspicion of lymph node involvement.

Unfortunately, during his stay in the hospital, the patient developed acute decompensation of his COPD which required mechanical ventilation and intensive care. He sadly died one month later because of cardiac and respiratory failure.

### Discussion

The accumulation of fluid in the pleural space is a common and non-specific manifestation of a wide range of diseases which could be pulmonary, pleural or extrapulmonary. Lung cancer (40%) and breast cancer (25%) are the most common metastatic tumors to the pleura. About 10% of all malignant pleural effusions are due to primary cancers arising from the pleura mainly represented by malignant mesothelioma (>90%) followed by other rare neoplasm.<sup>2</sup>

EHE is an extremely rare tumor affecting the pleura with less than thirty cases described in literature.<sup>3</sup> Analysis of these cases revealed a variable epidemiologic profile. Patients diagnosed with EHE of the pleura are mostly men with a gender ratio of

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Key words: Epithelioid hemangioendothelioma; Pleura; Vascular tumor; Effusion.

Contributions: SBR participated in elaborating diagnosis and wrote the manuscript; DBG contributed to the conception of the manuscript and pathological analysis; AD participated in revising it critically for important intellectual content; SBM contributed to radiologic diagnosis and provided patient data; KB confirmed diagnosis, revised and approved the manuscript.

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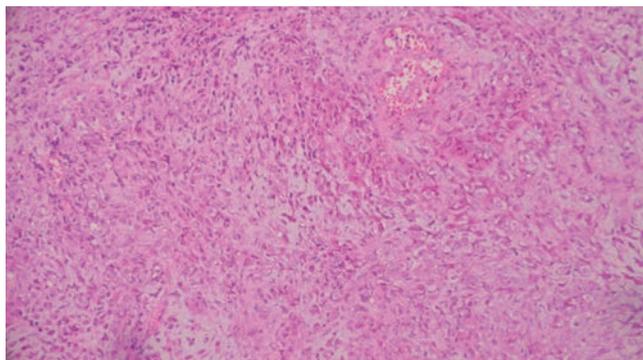
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2, 75. The mean age at onset of symptoms is 46, 84. No particular family or past medical history is associated to EHE, one case have been reported in a patient with a history of exposure to asbestos.<sup>11</sup> The main complaints of patients in this analysis are non specific symptoms such as dyspnea, cough, chest pain and weight loss.<sup>3-20</sup> Only two cases have been discovered incidentally on routine chest radiography.<sup>5,9</sup> Imaging shows in all cases either effusion or thickening of the pleura associated in some cases to lung nodules.<sup>3-20</sup> As EHE is a very rare cause of pleural disease, more common etiology need to be ruled out firstly. In our case, the pleural effusion was thought to be resulting from metastasis of digestive cancer and so the patient underwent useless investigations leading to a delay in the proper diagnosis. Thus, considering the aggressive nature of this tumor, a quick and collaborative move of the medical team should be made in order to establish an early diagnosis. Pleural biopsy with pathological examination is the key for diagnosis. Microscopically, the tumor is intermediate between angiosarcoma and hemangioma.<sup>1</sup> It is characterized by nests and cords of spindle to epithelioid cells

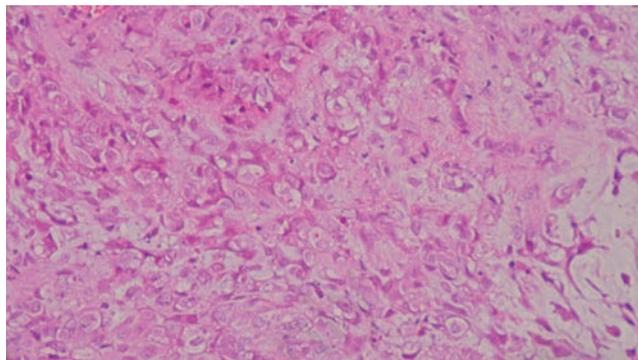
embedded in a hyaline, myxoid, chondroid or collagenous stroma.<sup>21</sup> The cells show prominent cytoplasmic vacuoles containing red blood cells (reminiscent of primitive vascular channels). In some cases there are solid nests of tumor cells displaying cytological atypia together with increased mitotic activity (more than 1 per 10 HPF) and areas of necrosis. On immunohistochemical

analysis, the tumor cells express endothelial markers: CD31, CD34 and factor VIII. In some cases, they are positive for smooth muscle actin and cytokeratin.<sup>22</sup> Epithelial membrane antigen (EMA) is negative unlike other epithelial tumours. EHE of the pleura may be confused with mesothelioma, however positive staining for vascular markers on immunohistochemistry is help-

ful to distinguish EHE from mesothelioma. Depending on the degree of atypia and the presence of necrosis, EHE can mimic angiosarcoma especially when the tumor is highly aggressive. Immunohistochemistry do not contribute much to distinguish between EHE and epithelioid angiosarcoma. However, it is not well defined whether EHE is a distinctive entity or an intermedi-



**Figure 1. HE X 200: Tumor proliferation showing a biphasic pattern with cords and nests of epithelioid cells set in a myxoid stroma intermingled with spindle shaped cells.**

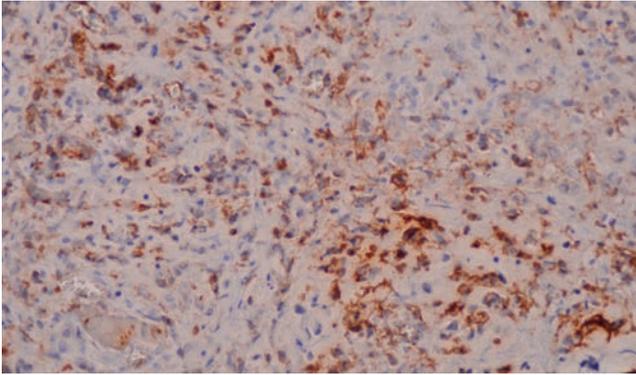


**Figure 2. HE X 400: The epithelioid cells with intracytoplasmic lumina containing red blood cells.**

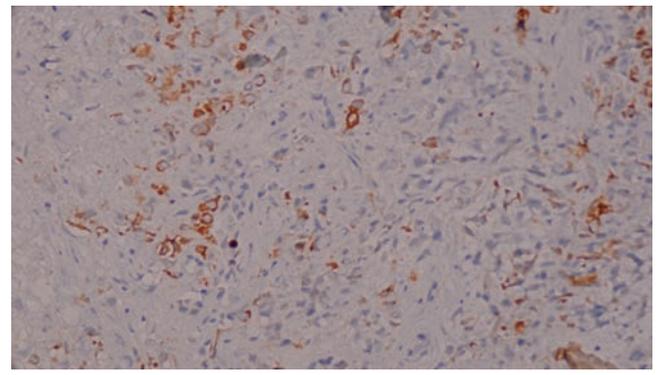
**Table 1. Primary pleural location: 30 cases reported in the literature. Modified from tables in previous reports by Lee *et al.*,<sup>7</sup> Marquez-Medina *et al.*,<sup>10</sup> and Salijevska *et al.*<sup>3</sup>**

Authors	Age Gender	Clinical presentation	Radiological findings	Treatment	Survival (months)
Pinet, 1999 <sup>5</sup>	50/F	Incidentally on chest Radiography	Pleural effusion	Carboplatin, etoposide	>18
Crotty <i>et al.</i> , 2000 <sup>6</sup>	51-71/ M (n=4)	Chest pain, dyspnea, cough, fever, weight loss			
Lee <i>et al.</i> , 2008 <sup>4</sup>	31/ F	Chest pain	Pleural thickening	Adriamycin, MAID	10
Lazarus, 2011 <sup>7</sup>	42/M (n=2)	Cough, dyspnea, chest pain, fever	Pleural effusion	*Taxol+bevacizumab *Carboplatin, etoposide and bevacizumab	*8 *6
Yousem and Hochholzer, 1987 <sup>8</sup>	4/M	Dyspnea	Pleural effusion	None	3
Lin, 1996 <sup>9</sup>	36-58/M (n=6)	Incidentally	Pleural effusion		
Al Sharim <i>et al.</i> , 2005 <sup>10</sup>	51/M	Cough, dyspnea	Pleural effusion	INF-alpha	>24
Vittorio, 2004 <sup>11</sup>	61/M	Chest pain	Pleural effusion and thickening	Cisplatin, etoposide	3
Saqi, 2007 <sup>12</sup>	37/M	Dyspnea, chest pain	Pleural effusion	Not specified	Not specified
Liu <i>et al.</i> , 2010 <sup>13</sup>	80/M	Dyspnea	Pleural effusion	Surgery + chemotherapy (not specified)	6
Bocchino, 2010 <sup>14</sup>	58/F	Cough, dyspnea, chest pain	Pleural nodule	None	3
Andre, 2010 <sup>15</sup>	65/F	Chest pain	Pleural effusion	Carboplatin, etoposide	6
Kim <i>et al.</i> , 2011 <sup>16</sup>	46/F	Cough, chest discomfort	Pleural effusion	Surgery, Carboplatin, Etoposide	>22
Marquez-Medina, 2011 <sup>17</sup>	85/M	Chest, fatigue, weight loss	Pleural effusion	None	7
Bansal, 2012 <sup>18</sup>	51/F	Chest pain, weight loss	Pleural effusion and thickening	Doxorubicin	4
Yu, 2013 <sup>19</sup>	39/F	Dyspnea	Pleural mass	Surgery, Carboplatin, etoposide	>14
Ha, 2014 <sup>20</sup>	71/M	Cough, dyspnea, fatigue	Pleural effusion	Not specified	Not specified
Salijevska 2015 <sup>3</sup>	36/F	Chest pain	Whiteout	Paclitaxel	6
This case	79/M	Chest pain, dyspnea	Pleural effusion and thickening + LN +	None	1

M, male; F, female; LN+: Lymph node metastasis.



**Figure 3. IHC X 200: The epithelioid cells stains strongly with CD34.**



**Figure 4. IHC X 200: The tumor cells show focal staining for CK7.**

ate state of endothelial dedifferentiation with a variable and unpredictable prognosis.<sup>1</sup> Although, there is not a well established management algorithm, surgery and chemotherapy are better alternatives. Of patients who received chemotherapy, combination of Carboplatin and Etoposide have shown better results with an improved overall survival time.<sup>5,16,19</sup> In our case, the patient did not receive any chemotherapy because of a poor general state. Up to now, the few reported cases of pleural EHE have revealed poor prognosis with a surviving period varying from 3 to more than 24 months. In our case, the tumor was highly aggressive and the patient died 1 within a month because of additional complications and delay in diagnosis.

## Conclusions

It is worth bearing in mind that pleural EHE may reveal itself as pleural effusion. Considering the rarity and the aggressive behavior of this neoplasm, it is important we continue to collect data through case reporting in order to establish clinical and prognostic profile of this tumor and standardize its management.

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